



CARESPACE Health+Wellness
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Central Office:
304-40 King St. S
Waterloo, Ontario N2J 1N8

Our Locations

Weber North
564 Weber St. N Unit 12
Waterloo Ontario N2L 5C6

Victoria North
1373 Victoria St. N Unit 4a
Kitchener Ontario N2B 3R6

Westmount East
720 Westmount Rd. E Unit 9
Kitchener Ontario N2E 2M6

Fischer-Hallman
851 Fischer-Hallman Rd. Unit 201
Kitchener Ontario N2M 5N8

Uptown Waterloo
75 King St. S Unit 28B
Waterloo Ontario N2J 1P2

Our Services

Chiropractic Care
Fitness Training
Kinesiology
Massage Therapy
Mental Performance
Naturopathic Medicine
Nurse Practitioner
Nutrition and Dietetics
Osteopathy
Physiotherapy
Psychotherapy

FOR IMMEDIATE RELEASE

September 26, 2025

CARESPACE Ranks #45 on The Globe and Mail's List of Canada's Top Growing Companies

Waterloo, Ontario — CARESPACE Health+Wellness has been named one of Canada's Top Growing Companies by The Globe and Mail, debuting at **#45 nationally** with an impressive **737% three-year revenue growth**.

Beginning at the very start of the pandemic on April 1, 2020 — CARESPACE has grown steadily over the past five years into a network of six clinics with more than 100 practitioners and staff. The company offers coordinated, evidence-based, and client-focused care that integrates manual therapy, mental health services, and lifestyle optimization.

"This recognition belongs entirely to our team," said Gerry Barg, President of CARESPACE. "I don't treat clients myself — our practitioners and staff are the ones who deliver care, build trust, and create real outcomes for people. CARESPACE wouldn't exist without them."

The company's story carries an unexpected twist. Barg, who founded CARESPACE after a career as a used car dealer and later as COO of pt Health, approached healthcare from the *client's perspective* rather than a practitioner's. That outsider lens helped shape CARESPACE's model of evidence-based, client-focused multidisciplinary coordinated care.

"But it's our team that makes it work," Barg added. "Their dedication to collaboration, evidence-based practice, and client care is what fuels this growth — and what will carry us forward."

Fast Facts

- **Rank:** #45 on *The Globe and Mail's Top Growing Companies (2025)*
- **Growth:** 737% three-year revenue growth
- **Founded:** April 1, 2020 (start of the pandemic)
- **Scale:** 100+ practitioners, 6 locations
- **Approach:** Coordinated care integrating manual therapy, mental health, and lifestyle optimization

About CARESPACE Health+Wellness

CARESPACE Health+Wellness delivers evidence-based, client-focused coordinated care designed to empower people to achieve their health and wellness goals. With a team of regulated health professionals across six clinics in Kitchener-Waterloo, CARESPACE creates personalized, multidisciplinary care plans that provide fast, effective, and lasting results.

Media Contact

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